Message from Mrs Staines

A huge thank you to Mrs Reedy and staff for the extra work involved due to my absence. I very much appreciate your prayers and kindness whilst I took the opportunity for spiritual nourishment at the Principal’s retreat led by Archbishop Christopher Prouse. We were all encouraged during this time to put ourselves in the Lord’s presence with Silence, Stillness and Simplicity.

We hope that everyone has a safe and happy Canberra long weekend. This extra day is very timely this year with the extraordinary warm weather we have been experiencing.

♥ INTERIM REPORTS WILL GO HOME WITH YOUR CHILD THIS FRIDAY.
These reports are a touch base to communicate to the parents and carers about how your child has settled into the new year in terms of Work Habits and Social Skills.

♥ CATHOLIC SCHOOLS WEEK
This week is a time to celebrate Catholic Education. The theme for 2016 is ‘I Belong. You Belong. We Belong.’ which aligns with the Catholic Church’s strong focus on supporting refugees and asylum seekers and the need for a compassionate global community. For further information, about Catholic Schools weeks, please follow the link https://cg.catholic.edu.au/

♥ PRAYER CELEBRATION
We began the week with a Prayer Celebration focused on our core Value Respect. At Sacred Heart we try to live like Jesus, in doing so
  ◊ we respect the gift of life
  ◊ we respect the right to learn.
  ◊ we respect ourselves and others
We thank Mr O’Dwyer and 3/4 Navy for leading us in our first prayer assembly for 2016.

One of the most sincere
Forms of respect is actually
Listening to what another has to say. Bryant H. McGill

Let us try this week to listen with the ‘ear of our heart’ as we go about our business in the Sacred Heart Community this week.

♥ RECOGNITION AWARDS
On Friday, the Archdiocese takes time to recognise individuals for their extraordinary contributions to Catholic Education during 2015. This year Mrs Julie Jillard and Mr John Bourke have been nominated for a Recognition Award. We extend to them our congratulations on their nomination and thank them for all the work they do at Sacred Heart.

♥ SABBATH NEXT WEEK – WELLBEING OPPORTUNITY
Traditionally the week is a break from homework and an invitation to families to take this opportunity to enjoy being together with family. This year our student leaders have requested that we all take this opportunity to have a break from our devices during the celebration of this week. We ask everyone to support them by cutting down on using the TV, phone, computer and iPad each day of next week and do something together as a family. The student leaders have prepared an article for this week’s newsletter explaining their request to all families. We would encourage you all to be involved and would love to hear your stories of having time to enjoy being together without the pressure of homework and distraction of electronics. Please see Page 4.

♥ SCHOOL CROSS COUNTRY CARNIVAL POSTPONMENT—FRIDAY 11TH MARCH
Due to the unusually hot weather we are currently experiencing, we are postponing this Friday’s Cross Country Carnival. More information to follow.

♥ CONGRATULATIONS TO ‘TAYLOR’
Well done to ‘Taylor’ the winning house of this year’s Sacred Heart Swimming Carnival. Competition was strong between all four houses this year, and all our swimmers performed very well, and enjoyed the day, along with all staff and parents.
NAPLAN

The assessments are undertaken nationwide every year, in the second full week in May. The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. It has been an everyday part of the school calendar since 2008.

NAPLAN tests the skillsets that are essential for every child to progress through school and life, such as reading, writing, spelling and numeracy.

NAPLAN is made up of tests in the four areas (or ‘domains’) of:
* reading
* writing
* language conventions (spelling, grammar and punctuation)
* Numeracy

Please keep the 10 - 12 May 2016 free from appointments and any plans for travel as every child is encouraged to participate.

NATIONAL DAY OF ‘ACTION AGAINST BULLYING and VIOLENCE’

The sixth National Day of Action against Bullying and Violence is being held on Friday, 18 March 2016. We will be celebrating this day on 1st April due to the busy SHPS calendar.

This annual day is Australia’s key anti-bullying event for schools, and encourages all students to ‘take a stand together’ against bullying and violence in schools, the classroom and beyond.

Our student leaders are preparing a presentation to share with younger students next week.

SCHOOL DISCO IS COMING—SAVE THIS DATE Thursday the 31st Mar 2016

Kinders to Year 2 session is: 6.00pm to 7.00pm
Years 3 to 6 session is: 7:15pm to 8:30pm

Once again we are offering “disco packs”, that will be sent out prior to the disco.

For all of our new families, the disco packs allow you to pre-purchase entry, lolly bag, juice popper and your child’s choice of a fun product. It makes it all the more exciting and avoids any long line ups at the disco.

You do not need to purchase a “disco pack” in order to attend the disco. If you do not wish to purchase a disco pack you can simply come to the disco and pay for entry, food, & flashing products separately on the night (there will be products available at the disco, but, the disco packs will get first preference).

Further information via a flyer will be provided this week.

REMINDER

School fees are now overdue!
WELLBEING OPPORTUNITY - TO BE UNDERTAKEN IN WEEK 7

Week 7 no electronics

We are not asking families to stop the use of technology but just limit it.

Even something just as simple as this can help.

We encourage everyone to use less technology this week.

It will also allow families to reconnect with each other.

This will help families get more involved in things.

For more information go to http://backtothetable.org.au

Title: Refugee Lives Matter
Subtitle: Palm Sunday Rally for Refugees
Details: 1pm Sunday 20 March, Garema Place, Canberra
Religious Education News

As we head into the fifth week of Lent we again ask for God and the community to watch over those children participating the first Eucharist program. This year the first Communion masses will be held over the weekend of Palm Sunday. The main two celebrations will be held at the 6 o’clock Saturday mass and 10 o’clock Sunday mass. We hope as many people as possible can show their support for these children by attending these masses.

The Kindergarten students will be hosting our Palm Sunday celebration on Friday Week 7 and will take place at 12:15, before the school learning journeys. All members of our school community are invited to take part in this celebration and watch Kinder host their first prayer celebration at Sacred Heart before heading to their child/ren room for the learning journey’s.

Aaron Fox A/Religious Education Coordinator

CLOTHIING POOL

The Clothing Pool will be open Friday 4th March from 2.45 - 3.30pm. New and quality second hand school clothing are available. Uniform orders can be placed using the Qkr app and orders will be delivered to your child’s class. Hats can be purchased from the Canteen. Thanks to all the helpers, your work is very much appreciated. Any queries please contact me on 0407 008 148. Tracey Kane, Clothing Pool Coordinator

Canteen Roster - Week 7, Term 1

<table>
<thead>
<tr>
<th>TIMES</th>
<th>Monday, 14th</th>
<th>Tuesday, 15th</th>
<th>Thursday, 17th</th>
<th>Friday, 18th</th>
</tr>
</thead>
<tbody>
<tr>
<td>10am-12pm</td>
<td>P/H</td>
<td>Sonia Z</td>
<td>Help Needed Please</td>
<td>Lena S</td>
</tr>
<tr>
<td>12pm - 2pm</td>
<td></td>
<td></td>
<td></td>
<td>Help Needed Please</td>
</tr>
</tbody>
</table>
Catholic Schools Netball Carnival

The Committee has been busy meeting and planning all the various aspects of the Catholic Schools Netball Carnival. We are happy to release the logo designed especially for the carnival, that will be used to promote the day.

A special thank you to Sander Egging, a member of the local community for donating his time and skills to do this for the Sacred Heart community. For further information, please contact our committee via the emailbox.

CSNC Committee Shpsnetball2016@gmail.com

❤️ REMINDER ABOUT WASTE WISE WEDNESDAY
Sacredheart would like to see all our students, parents and teachers support this great environmental initiative.

Waste wise Wednesday

As the Environmental Leaders for 2016 we would like to encourage all students to become waste wise. We are asking that each Wednesday children bring their food in plastic containers or reusable zip lock bags. We hope by doing this we will reduce the amount of waste in our school bins.
Congratulations to the following students who celebrated their birthday this week:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>KW</td>
<td>Harry W, Stella E, Jimmy C</td>
</tr>
<tr>
<td>KR</td>
<td>Charlotte B, Evelyn C, Jakiah L</td>
</tr>
<tr>
<td>1/2R</td>
<td>Lily C, Maeve L, Aaron J</td>
</tr>
<tr>
<td>1/2S</td>
<td>Grace M, Maisie M, Natalia C</td>
</tr>
<tr>
<td>1/2W</td>
<td>Joshua D, Elysia G, Isabelle M</td>
</tr>
<tr>
<td>1/2N</td>
<td>Joey S, Luke N, Bede O’Mara</td>
</tr>
<tr>
<td>1/2M</td>
<td>Cate B, Will L, Jasmine P</td>
</tr>
<tr>
<td>3/4S</td>
<td>Lachlan S, Cameron F, Elisabeth W</td>
</tr>
<tr>
<td>3/4W</td>
<td>Elliott P, Lauren C, Marian A</td>
</tr>
<tr>
<td>3/4N</td>
<td>Joel B, Sphia D, Adrian H</td>
</tr>
<tr>
<td>3/4R</td>
<td>Polly-Jean E, Madison F, Eleanor L</td>
</tr>
<tr>
<td>5/6W</td>
<td>Carmen E, Patrice P, Scarlett E, Abigail B, Lydia A, Caitlyn S</td>
</tr>
<tr>
<td>5/6N</td>
<td>Charlotte B, Noor Channa Ella R</td>
</tr>
<tr>
<td>5/6R</td>
<td>Eliot T, Alexander R, Sophie D</td>
</tr>
</tbody>
</table>
COUNSELLING & THERAPY SERVICES

Counselling Services
» Managing emotions
» Social skill development
» Managing worry and depression

Speech Therapy
» Speech sounds
» Swallowing
» Stuttering
» Receptive & expressive language skills

Behaviour Management
» Assess areas of need
» Develop program to manage the behaviour
» Provide training to parents/carers on implementing program

For more information or to book an appointment, please contact:
Phone: 6162 6100 or 1800 068 698 choices@catholiccare.cg.org.au
We are a NDIA registered provider #24450728 www.catholiccarechoices.org.au

Do you love to sing?
Are you aged between 8 and 21?

Join Now

You will have the opportunity to:
· make new friends
· travel
· sing in amazing places
· record a CD
· meet international choirs
· have loads of fun

For audition information, please contact:
Alpha Gregory on 0418 699 060 or email alpha@webone.com.au