Message from Mrs Staines

Dear Parents and Careers,

As we begin the final term of 2016 we are focusing on the value of Gratitude. While on holidays I found a beautiful book of prayers and poems around gratitude. As the weeks go by I will share with you some of the wisdom from these pages.

Gentle things

Thank you for gentle things -
the glow of morning light,
the swaying of a towering tree,
the humming of a tiny bee,
the soft approach of night.

Thomas L Reid

Welcome back everyone.

Once again it has been delightful to share in the many stories of family holidays. It was wonderful to hear of families who were able to enjoy a quiet break at home while others enjoyed travelling near and far to spend time with family and friends or enjoy some sunshine.
**NATIONAL CHILDRENS WEEK**

Children’s Week is celebrated from 22 to 30 October 2016. There are a number of activities planned for children of all ages in the ACT. Please visit the website below to see the 2016 program and find things that your family may like to take advantage of.

www.actchildrensweek.com.au

**YEAR 6 GRADUATION PHOTO DAY**

The Year 6 students at SHPS traditionally have a photo taken for their graduation. This photo will be taken next Friday (21/10) at 1pm. All Year 6 students are asked to wear their sports uniform.

**WORKING LIKE A MATHEMATICIAN PROFESSIONAL LEARNING FOR STAFF**

Next Tuesday staff will be participating in a day of Professional Learning in the area of Mathematics. Mrs Lisa Binutti-Wilson has organized for Doug Williams, a leading expert in the teaching of mathematics to visit the school to demonstrate the teaching of mathematics in classrooms.

Teachers from Saint Peter and Paul Garran will be joining us on the day to observe Doug working with classes across the school. Most staff will be leaving the school straight after duty in the afternoon to attend a joint staff meeting.

**CONGRATULATIONS**

We send our congratulations to Lucas P from 1/2 M and family on the safe arrival of their new baby boy, Joshua. We wish them all well and we very much look forward to seeing them all soon.

**OCTOBER IS THE MONTH OF ROSARY**

Traditionally the Rosary was a prayer shared by families. Maybe you could use it as part of your family prayer this month.

**CONDOLENCES**

We extend our deepest sympathy to families who experienced great grief over the recent break with the death of much loved family members. This week, our thoughts and prayers are very much with the Stefopoulos and Stoove families on their recent losses.
**LIBRARY NEWS**

SCHOLASTIC BOOK CLUB due next Friday 21ST October.

**COMMUNITY ACTIVITY**
Come and Meet Leigh Hobbs
Meet Australian Children’s Laureate Leigh Hobbs in these fun, interactive drawing events. Create your own Old Tom and Mr Chicken and your own unforgettable characters. Bring a pencil, A4 paper, something to lean on and get ready to express your own creative talents. Books will be available for purchase. **Bookings are essential as places are limited.**

**SPORTS NEWS**
A very proud moment for our Callie from 3/4 W who travelled to Shanghai this week to meet the World Number 1 Men’s Tennis Player, Novak Djokovic. This was indeed a very proud moment for Callie and her family. Callie won this opportunity when she entered a competition by writing in 50 words or less why she would like to meet Novak.

**PIANO TUITION**
Piano tuition is available to all ages and styles. Beginners most welcome.

Please contact Craig Mewett via phone: 0262785331 or mobile 0409151887.

**PARISH CRAFT GROUP (aka A Common Thread)**
The parish has a craft group that meets every Monday at 10am in the Parish Hall. You are invited to join the Parish Craft Group aka A Common Thread. It is a friendship group of women meeting with a common thread of sewing, knitting, crochet, quilting or any form of needlework or craft on a regular basis. You can bring your own projects along or begin something new with friends. Come along or for more info please contact Lauretta at laurettar4@gmail.com
◆ FRONT OFFICE CHATTER
Fee statements will be emailed out to all families early next week. Those families who do not receive their statements by the end of next week are asked to contact the Front Office.

All families that are leaving Sacred Heart at the end of the year are asked to ensure that their fees are finalised by the end of the year. Please contact Shari if you need to discuss this matter.

◆ LOST PROPERTY BINS OVERFLOWING
As advised last term, our lost property bins are overflowing, and hopefully most of the clothing items will be collected by end of term. We also have a large amount of tupperware and plastic lunch box containers that have been washed and ready for collection. If you have noticed that you have a few of these items missing, please come and see the front office.

◆ SUMMER UNIFORM
All students are now required to be wearing full summer uniform October 2016. Please note there is now flexibility with the cold weather that is persisting.

◆ CLOTHING POOL
Please note that the clothing pool shop has relocated back next to the Canteen and will continue to be open from 2.45 to 3.15pm every Friday. As well, uniform orders can be placed via QKR.

◆ FAMILY NAME TAG TO BE DISPLAYED IN CARS FOR DRIVE THRU
Earlier this year, we provided parents / carers with a Family Name Tag to be displayed on the dashboard of cars going through drive through. This enables the on duty teacher to quickly identify the child / children being picked up which helps to reduce the traffic build up. We ask that families please use these, and if you do not have one, contact the front office to request one to be made up.

◆ STUDENTS NOT ENROLLING AT SHPS IN 2017.
If you have a child/children not returning to SHPS in 2017, could parents / carers complete the slip below and return to the front office, or send through an email. Thank to those parents who have already provided slips regarding their child / children not attending SHPS in 2017.

STUDENTS NOT RETURNING TO SACRED HEART PRIMARY SCHOOL IN 2017 (Not Year 6)
• My child/children have an Enrolment Application pending at another school
• My child/children will not be returning to SHPS in 2017

Child’s Name: _____________________________   Class: __________________
Destination School: ____________________________
Welcome to the beginning of the end, Term 4. This term will be a busy one with lots of events happening within the school such as Reconciliation, Graduation, whole school values assembly and the Catholic Schools Netball Carnival to name but a few.

This term’s whole school value is Gratitude. Gratitude can be defined as the feeling of being thankful and showing appreciation for what is in our lives. Thankfulness and appreciation are a pathway to a life of happiness and well-being. When you pause and recognize all of the wonderful things in your life, you feel happier. Appreciation keeps us focused on what is already good in our lives, and opens up the doorway to more goodness to flow into our lives. Gratitude also equips us to handle setbacks and failures in a more resilient way. Science is producing mounting research that our lives are much better when we practice gratitude (Casano, 2015).

The different themes that the Spirituality Awards will be based on this term are actions that demonstrate gratitude. Some of these include students constantly displaying manners, offering to help others, speaking positively to one another, and setting a positive example for others.

Below is a link to a YouTube clip from Generation Next’s, Dr Justin Coulson, which provides details about how to encourage gratitude in young people. https://www.youtube.com/watch?v=p_spH-4RWMo

Aaron Fox A/Religious Education and Wellbeing Coordinator

PARISH NEWS

2016 Sacrament of Reconciliation – Parent Information Session NEXT week, Wednesday 19th October, 7pm in the Church. Please enrol ASAP at www.mhoc.org.au/reconciliation
Children of the parish who are in Year 3 and above are invited to enrol. Please let any non-Catholic School families know of the Enrolment. If you have any questions regarding the Sacrament, please contact the Parish Office.

The Sacrament of First Reconciliation will be held Thursday 24 November at 7pm.
DANCE COMPETITION CHAMPIONS

Congratulations to Joshua Cox (Year 5/6R) and Sophie Reece (Year 5/6W) who placed first at the Australian Dance Crew Championships in Melbourne, with their junior hip hop crew DKC. They trained almost every day of the holidays and their win shows that hard work really does pay off! Their fabulous result comes after an international placing of 5th at the World Supremacy Battlegrounds in Sydney last month. With all competitions completed for the year, we wish them all the best for next year. SHPS is very proud of you both.

CLOTHING POOL

The Clothing Pool will BE OPEN Friday 14 Oct 2016 from 2.45 to 3.30pm. New and quality second hand school clothing are available. Uniform orders can be placed using the Qkr app and orders will be delivered to your child’s class.

Hats can be purchased from the Canteen. Thanks to all the helpers, your work is very much appreciated.

Any queries please contact me on 0407 008 148. Tracey Kane, Clothing Pool Coordinator

Canteen Roster - Week 2, Term 4

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<th>TIMES: OCT</th>
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<th>Tuesday, 18th</th>
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Congratulations to the following students who will be celebrating their birthday this week and over the holidays:

Plants Plants Plants!!!!

Do you have them?? We need them!! Please bring any plants or decorative pots that you wish to donate into the school between now and the Netball Carnival on 30 October. If you have anything you want dug up at your place, let me know and I’ll come and get it!

Calling all Volunteers!!

We can go in to Floriade on Monday 17 October between 8am-1pm and dig up plants to add to our collection for the stall. I will be there from 8am with a trailer and pots, and some willing helpers would be fantastic! No experience required....Just pull them out and stick them in a pot. Please let me know if you are able to help.
RAFFLE RAFFLE RAFFLE COMING SOON

As part of the 2016 Catholic Schools Netball Carnival, we are running a Raffle! There are a heap of fantastic prizes including a Capercaillie Wine Pack, Capital Chemist gift hampers, Quality Meats meat trays, wine (kindly donated by IGA Deakin and Barton Grocer), a BBQ, Tip You’re It vouchers, a Sportsmans Warehouse Pack and more!

Tickets are $5 each or 3 for $10.

Tickets will be sent home shortly for parents to sell (please note as some of the prizes include alcohol, tickets may not be sold or purchased by people under 18 years of age). Tickets are requested to be returned to the school by Tuesday, 25 October 2016. Extra books of tickets will be available from the Front Office for anyone who can lend a hand to sell additional tickets.

Thanks for all your support.

Sacred Heart
Catholic Schools Netball Carnival Committee

The participant bag packing for the Catholic Schools Netball Carnival is on this Sunday 16th October from 1-3pm in the school hall.
Kindergarten and Year 1 Registrations

NetSetGo clinics will be offered on the day of the Catholic Schools Netball Carnival for all children (boys and girls) in Kindergarten and Year 1.

NetSetGo is a fun skills clinic to introduce netball to new players. Each session will run for approximately 50 minutes.

Registration forms are available in the school foyer or by emailing shpsnetball2016@gmail.com.

So join in the fun and return your registration form as numbers are limited!
We would like to thank the support of the following sponsors:

- Westfield Woden
- Benmax Group
- Capital Chemist Southlands
- ASET Wealth Management
- Capercaillie Wines
- Fyshwick Fresh Food Markets
- Canberra Milk
- ANZ
- Coates Hire
- Konica Minolta
We would like to thank the support of the following sponsors:

- hit 104.7
- jack newton junior golf
- CANBERRA
- SLAVEN MAZDA
- Accountants
  Tax & Business Specialists
- pwc
- DANCE CENTRAL
- CANBERRA DARTERS
- NATIONAL DINOSAUR MUSEUM
- Telstra Tower
- THINK U KNOW.org.au

29 Murphy Street, PEARCE 2607
Ph: 62862443
Fax: 62865123
GET INTO GOLF

MyGolf is Australia’s introductory golf program, for kids between 5 and 12 years of age.

MyGolf is a fun way to begin learning the basics of the game in a safe and healthy environment.

Every MyGolf centre across Australia has the same goal; to make golf a fun experience for kids.

There are three stages of the MyGolf program to meet the needs of all participants:

- **ROOKIE** Introduction to golf
- **STAR** Develop golf skills
- **MASTER** Prepare to play

All participants can receive a fantastic MyGolf giveaway pack including their very own golf club!

MyGolf uses game-based activities to introduce kids to golf and develop their skills.

There will be cool competitions, promotions and opportunities for MyGolf participants to attend the biggest golf tournaments of the summer, so make sure you don’t miss out and visit mygolf.org.au today.

REGISTER NOW AT MYGOLF.ORG.AU