Message from Mrs Staines

This Friday at SHPS we are taking time to celebrate the gift of grandparents and special friends.

Grandparents and Special Friends are a Blessing

When God created grandparents and special friends the world was truly blessed with all the special joys that make a family happiest . . .

For grandparents and special friends know how to do the things that warm a heart,
They touch our lives with loving care right from the very start . . .
They show that they believe in us and all we’re dreaming of . . .
When God created grandparents and special friends, our lives were blessed with love.

♥ SCHOOL SURVEY

Thank you to families who have already taken time to complete this year’s school survey. We would encourage all families who have not yet participated to take part through the link emailed to individual families in the community. Your thoughts and ideas are valued and everyone’s contribution will help us plan the future direction of our school. Your opportunity to contribute closes tomorrow.

♥ COMMUNITY COUNCIL MEETING

Thank you to the small group of parents who gathered in 3/4N on Tuesday night to discuss and share. Your time and contribution is truly valued.
We are delighted with the contribution made by our Environmental Leaders in collecting the thoughts and ideas from all students in regard to our planned playground improvements.

♥ SCHOOL CHOIR
Today our school choir performed outreach by visiting Uniting Amala in Gordon. They sang and entertained residents with beautiful music and provided an opportunity for older citizens from the community to interact with younger people. We thank Mrs Alison Hackwell for organising this opportunity for our students. P.S. We have been invited back.

♥ WINTER WALK TO SCHOOL
As we enter another week of promoting Active Living at SHPS have you considered joining your child/ren on our winter walk to school. As a parent recently pointed out, we have a large number of children living in close proximity to the school but very few who walk or ride. We would love to see parents join staff and students on the walk. The walk will commence at 8.30am with teachers in attendance at each of the part way drop off points. Please contact Mr O’Dwyer if you are planning on joining us.

♥ NAPLAN REPORTS
The NAPLAN reports are due to be delivered to the school next Tuesday 16th August 2016, and we are expecting to be able to send these home to parents via their children on Thursday 18th August 2016. Further information on how to read these reports will also be provided in next week’s newsletter.

♥ A REMINDER TO ALL OUR GRANDPARENTS AND SPECIAL FRIENDS TO JOIN US AT PRAYER CELEBRATIONS THIS FRIDAY 12th August 2016 AT 12.30PM

The school is holding its annual Grandparents and Special Friend’s Day and Prayer Celebration on Friday 12th August 2016. This celebration is being hosted by Year 1/2N.

The program of events will be:
- 12.30pm — Class room visits
- 1.00pm — Prayer Celebration in church
- 1.45pm — Afternoon Tea in school hall (scones, tea & coffee)
- 2.20pm — Whole School Assembly

We look forward to seeing all our wonderful grandparents and special friends at these celebrations.

♦ 22—26th August 2016 Book Week display at Westfield Woden

♦ BOOK WEEK CHARACTER PARADE
Starts at 12.30pm on Thursday 25th August 2016 at Westfield Woden

Students are encouraged to dress up as a favourite book character on this day to celebrate Book Week. Please note that the costume does not need to be elaborate.
MATHEMATICS AT SACRED HEART

To become a good mathematician a student needs to have a deep understanding of mathematical concepts, skills, language and symbols. Students need to be exposed to the concepts, skills and language of Mathematics before being introduced to symbols. Do not be in a hurry to teach your child a symbol of mathematics before they fully understand what that symbol means. For example, the symbol of multiplication should not be introduced before a child fully understands that it means equal groups, rows and an array. Students should have a deep understanding of a concept as well as respond to and use the language associated with that concept comfortably before a symbol is introduced.

Mrs Lisa Binutti-Wilson
Seasons For Growth Program

Seasons For Growth is a grief program that uses the imagery of the seasons to illustrate the experience of grief.

It aims to strengthen the social and emotional wellbeing of children and young people (aged 6-18) who are dealing with major life changes including death, separation and divorce and other significant losses.

The program is built upon the grief theory of J William Worden. It is run in stage groups (4-7 children) over an eight week period. This program is currently being run in the school with Mrs Lustri and myself every Thursday and Friday.

Mr John Bourke

<table>
<thead>
<tr>
<th>Worden’s Tasks</th>
<th>Seasons For Growth Tasks</th>
<th>Session Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>To accept the reality of the loss</td>
<td>Learn that change and loss are part of life</td>
<td>AUTUMN</td>
</tr>
<tr>
<td>To process the pain of grief</td>
<td>Learn about different ways people experience change and loss</td>
<td>WINTER</td>
</tr>
<tr>
<td>To adjust to a changed world after the loss</td>
<td>Learn skills to assist with adapting to change and loss</td>
<td>SPRING</td>
</tr>
<tr>
<td>To find an enduring connection with what has been lost while embarking on a new life</td>
<td>Learn about ways that help in moving forward with life</td>
<td>SUMMER</td>
</tr>
</tbody>
</table>

Session 1: Life is like the seasons
Session 2: Change is part of life
Session 3: Valuing my story
Session 4: Naming my feelings
Session 5: Caring for my feelings
Session 6: Remembering the good times
Session 7: Making good choices
Session 8: Moving forward
**SCHOOL SPORTS NEWS**

The ACT Touch Football Gala Days – Sacred Heart has entered a number of teams in the ACT Touch Football Gala Days which are happening next Tuesday (Year 3/4 Students) and Thursday (Year 5/6 Students). It is great to see that we have had such a great response with the number of students competing. We are yet to receive draws and information about the day but as soon as we do, information will be passed onto the students that are participating. Mrs Stumbles is responsible for the Year 3/4 Students on Tuesday while Mrs Iles will be taking the Year 5/6 Students on the Thursday.

Sacred Heart’s Mini Olympics - Sacred Heart is getting into the spirit of the Olympic Games by holding a rotation of activities for all students next Monday. The activities are designed to be a bit of fun and allow the children an opportunity to have a go at some of the different sports that are being played in Rio.

**South Weston PSSA Athletics** - Sacred Heart has 30 children competing next Thursday 18 August at the South Weston Athletics Carnival. The carnival will be held at Woden Athletics Track and each child who is competing has received information about the day. Mr O’Dwyer will be at the track for the day, so if your child is competing please sign them in and out with him. We wish all the children the best of luck and hope they have a great day.

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**CLOTHING POOL**

The Clothing Pool will BE OPEN Friday 12 August 2016 from 2.45 to 3.30pm. New and quality second hand school clothing are available. Uniform orders can be placed using the Qkr app and orders will be delivered to your child’s class. Hats can be purchased from the Canteen. Thanks to all the helpers, your work is very much appreciated. Any queries please contact me on 0407 008 148. Tracey Kane, Clothing Pool Coordinator

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**Canteen Roster - Week 5, Term 5**

<table>
<thead>
<tr>
<th>TIMES: AUGUST</th>
<th>Monday 8th</th>
<th>Tuesday, 9th</th>
<th>Thursday, 10th</th>
<th>Friday, 11th</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am-12pm</td>
<td>HELP REQUIRED PLEASE</td>
<td>Sonia</td>
<td>HELP REQUIRED PLEASE</td>
<td>Lena and Marina</td>
</tr>
<tr>
<td>12pm - 2pm</td>
<td>HELP REQUIRED PLEASE</td>
<td>HELP REQUIRED PLEASE</td>
<td>HELP REQUIRED PLEASE</td>
<td>HELP REQUIRED PLEASE</td>
</tr>
</tbody>
</table>
2016 3/4 BIRRIGAI CAMP PHOTOS
Well it’s been another busy week at Sacred Heart primary school.

This Friday we will be celebrating Grandfriends Day, and next Monday 15th August we will be celebrating the feast day of the ASSUMPTION of Mary.

Grandfriends Day will begin at 12:30pm with grandparents and special visitors being invited to visit the children in their class rooms to see what they have been doing in class.

Grandparents and special friends are invited if they wish to then take their child/ren to the church for our prayer celebration.

Our prayer celebration will begin at 1.00pm in the church hosted by 1/2 Navy. At the conclusion of our prayer celebration, grandparents and visitors are invited to afternoon tea and scones in the hall.

Children will be discouraged from going into the hall with their visitors to avoid the hot drinks. Grandparents and special friends are more than welcome to have a picnic on the school grounds with their grandchild or alternatively can take them out for some special family time.

Please ensure that the students are signed out on the class role listings at the front office before heading out for a special outing.

This Monday school will be joining the parish to celebrate the feast of the Assumption. The school will gather together in the church with the parish at the 9:30 mass celebrated by Father Richard. All members of our school community are most welcome to attend this mass.

The Confirmation sacramental program is still being run every Wednesday with the retreat day being held on Friday the 26th of August. The Confirmation masses will be held at the 6pm Saturday mass on the 27th August and 10am Sunday mass on the 28th August.

Aaron Fox A/Religious Education Coordinator

REMINDER
Central Deanery Assembly,
Mercy in Marriage and Family Life.
12-13 August, 2016
St Clare’s College
Flyers are available at the Church.
Congratulations to the following students who celebrated their birthday this week:

<table>
<thead>
<tr>
<th>Class</th>
<th>Students</th>
<th>Awards</th>
</tr>
</thead>
<tbody>
<tr>
<td>KW</td>
<td>Christopher T, Liam C, Kathryn W</td>
<td>Caitlin L</td>
</tr>
<tr>
<td>KR</td>
<td>James A, Zoe C, Finn K</td>
<td>Scarlett M</td>
</tr>
<tr>
<td>1/2R</td>
<td>Aaron J, Quintin G, Selena L</td>
<td>Lachlan W</td>
</tr>
<tr>
<td>1/2S</td>
<td>Helena M, Charlie C, Reece L</td>
<td>Maddie o</td>
</tr>
<tr>
<td>1/2W</td>
<td>Lucy B, Isaac M, Nathaniel T</td>
<td>Gabriel L</td>
</tr>
<tr>
<td>1/2N</td>
<td>Oliver I, Rebecca M</td>
<td>Olivia B, Asha K</td>
</tr>
<tr>
<td>1/2M</td>
<td>Tom Carter, Jasmine N, Lucas P</td>
<td>Zac W</td>
</tr>
<tr>
<td>3/4S</td>
<td>Sienna C</td>
<td>Rachael R</td>
</tr>
<tr>
<td>3/4W</td>
<td>Mariam A, Vanessa C, Joel B, Christina H, Leo R</td>
<td>Elektra T</td>
</tr>
<tr>
<td>3/4N</td>
<td>Kai M, Leila G, Jesse R, Martin S</td>
<td></td>
</tr>
<tr>
<td>3/4R</td>
<td>Dominic P, Corbin T, Piper G, Laura M</td>
<td>Lana B</td>
</tr>
<tr>
<td>5/6W</td>
<td>Zoe A, Sophie R, Anna-Jane R</td>
<td>Sienna M, Lara A</td>
</tr>
<tr>
<td>5/6N</td>
<td>Laura H, Sarah R</td>
<td>Noor C</td>
</tr>
<tr>
<td>5/6R</td>
<td>Tara M, Allegra L</td>
<td>Elisha o</td>
</tr>
</tbody>
</table>
FRONT OFFICE CHATTER

❤️ **REMEMBER SCHOOL FEES ARE DUE BY FRIDAY 19 AUGUST 2016**
Just a reminder that Term 3 school fees are due this Friday 19th August. As advised last week, the fees can now also be paid by QKR. Families should refer to their fee statements for amounts to be paid.

❤️ **SICK BAY NEWS**
The traffic to the sick bay has slowed down over the last week which is good news. As advised last week, we have recently conducted a medical audit on medications for all students, and have advised parents who needed to update or replace their child’s medications. Thank you to those parents / carers who responded so quickly.

❤️ **THANK YOU FOR CHECKLIST INFORMATION**
Thank you to parents who have completed and returned the student information checklist back to the front office. This information is required to ensure that we have up to date family and contact details. The checklist should still be returned even if there are no changes.

![2016 Catholic Schools Netball Carnival](image)

**We need your help!**
The 2016 Catholic Schools Netball Carnival is fast approaching with the big day less than 3 short months away on Sunday 30 October 2016.

We are seeking 12 volunteers (6 teams of 2) to assist with coordinating and organising:

- Bake stall
- Raffle tickets
- Show bags
- Lollies
- Ice blocks
- Cold Drinks

We would love for you to be a part of the big day! If you are interested in assisting with these coordinating roles (feel free to find a buddy and pair up if you wish) please email shpsnetball2016@gmail.com.au

Volunteers are the most important part of a successful carnival, and many hands make light work. Thank you again for offering your assistance – the carnival would not happen without your time.

These roles need to be filled promptly, so please contact us as soon as possible.

2016 Catholic Schools Netball Carnival Committee

shpsnetball2016@gmail.com.au
SPONSORSHIP OPPORTUNITY

DOES YOUR BUSINESS WANT TO BE PART OF THE 2016 CATHOLIC SCHOOLS NETBALL CARNIVAL?

THERE ARE OVER 1500 PARTICIPANTS AND MORE THAN 5000 SPECTATORS.

FM 104.7 HAS DONATED AIRTIME TO PROMOTE BUSINESSES SPONSORING THE CARNIVAL

WE ARE SEEKING SPONSORSHIP IN THE FORM OF:

* CASH CONTRIBUTIONS TO PUT TOWARDS THE CARNIVAL
* FRUIT SUPPLIERS
* BAKERY SUPPLIERS

THE MONEY RAISED FROM THE CARNIVAL WILL BE USED TO UPGRADE THE OUTDOOR AREAS AT SACRED HEART.

IF YOU CAN HELP OR KNOW ANYONE THAT WOULD LIKE TO CONTRIBUTE PLEASE EMAIL:

shspnetball2016@gmail.com
We would like to thank the support of the following sponsors who have kindly offered to support our carnival.
Schools Chess Challenge at Westfield Belconnen 2016
Date: Sunday, 28th August 2016
Venue: Westfield Belconnen, Benjamin Way,
Belconnen, ACT
Cost: $20 per Child

Time:
9:30am – 9:50AM  Registration
10:00am          Round 1 begins
12:00pm – 1:00pm Lunch Break
3:00pm           Prize-giving

Format:
This tournament is run as an individual event, however there are also school prizes awarded. The
winning school is
determined by adding the 4 highest scorers from each school. This means that your school can enter
any number of players, and there is no need to rank them by ability, or assign teams.
This tournament is a 7-round ‘Swiss’ competition. This means that all players play 7 games and no-
one is ‘knocked out’ of the tournament.

Prizes:
First placed school in each division will receive $250 worth of equipment from Canberra Academy of
Chess. Trophies given for 1st to 5th individuals and 1st to 3rd schools in each division. All participants
receive a certificate of participation.

For general enquiries about the tournament, please call Bevan on 0432 230 262.
For information about this event and other chess activities, please visit our website:
www.canberraacademyofchess.com.au