Dear Parents and Carers,

“God is able to provide you with every blessing in abundance.”  St Paul

“One of my secrets for feeling successful and attracting bountiful abundance into my life has been an internal axiom that I use virtually every day of my life. It goes like this: Change the way you look at things, and the things you look at change. This has always worked for me.

The truth of this little maxim is actually found in the field of quantum physics, according to some, is a subject that’s not only stranger than you think it is, it’s stranger than you can think. It turns out that at the tiniest subatomic level, the actual act of observing a particle changes the particle. The way we observe these infinitely small building blocks of life is a determining factor in what they ultimately become.

If we extend this metaphor to larger particles and begin to see ourselves as particles in a larger body called humanity or even larger – life itself – then it’s not such a huge stretch to imagine that the way we observe the world we live in affects the world. It’s been said repeatedly in a number of different ways: As is the microcosm, so is the macrocosm.”

Dr Wayne W. Dyer The Power of Intention
It is truly inspiring to know that our student leaders at SHPS are changing the world for the better by understanding and actioning our communities call to nurture hearts, minds and spirits. They look at the world in a positive and enthusiastic way. They are confident in their ability to help and support.

Earlier this week I was chatting with a small group of children as we were waiting for the buses. It was reassuring and affirming to hear the way in which our student leaders nurtured the hearts and spirits of younger students seamlessly and with great care by giving younger students advice and help from their own experience of camp.

I also had the pleasure of speaking with a few of the reading buddy volunteers from Stage 3 and was very impressed by their commitment and enthusiasm. They had their folders ready and were eagerly awaiting their younger buddies. Watching them in action as they engaged in their one-on-one reading was truly inspiring.

♥ NOTEWORTHY EXCURSION
MOZART Vs BEETHOVEN CONCERT

On Tuesday the children from Kindergarten and Stage 1 were treated to an amazing concert at Llewellyn Hall.

A very amusing Beethoven introduced the various instruments whilst Mozart conducted the Canberra Symphony Orchestra.

It was a great blend of music and comedy.

The students really enjoyed the opportunity of being able to see and hear how an orchestra works.

♥ SAFETY AT PICK UP TIME

Please be aware that the front car park, front driveway entrance and school crossings are areas where every family needs to take responsibility for the safety of all children.

The school car park is a one way system from 3.00pm until 3.30pm
- (Cutting across the middle area to beat other cars out the car park can be dangerous and it is not a good example to our students who we encourage to respect the needs of others.)
- Vehicles need to be vigilant at all times as people are moving through the car park at this time and children in particular can be unpredictable.
- Vehicles need to leave the path (at the driveway) clear and give way to pedestrians
- All vehicles need to give way to pedestrians on a school crossing
- It is also very helpful for families to put their family name up so that staff can easily have your child ready, especially in the wet weather we have been experiencing.

♥ KIDSMATTER SURVEY

Thank you to all those who have completed the Kidsmatter Survey that was sent out to all parents/carers as part of the Wellbeing focus at SHPS during 2016. The data we gather will inform our future planning.

♥ ‘ASK US’ - STUDENT VOICE

Two of our student leaders, Sarah R and Clare L will represent SHPS at ‘Ask Us’- Student Voice in the ACT project today. The initiative aims to identify best practise in supporting students to have a voice in decision making, planning, designing processes etc. within their school. This is one of the schools for all initiatives, which will combine feedback from students across the ACT.
**STAGE 2 CAMP**
Stage 2 headed off to camp this morning with great excitement and anticipation. We look forward to hearing about their adventure at Birragai.

**CSNC NETBALL CARNIVAL**
THANK YOU to the Netball Committee who have been meeting regularly to create a framework for the SHPS event. After Monday evenings meeting the coordinators will be sending out calls for volunteers in a number of areas.

We need everyone in our community to help. Please consider a time and area that you would like to be involved in.

In conjunction with monies raised last year the funds raised at this year’s Netball Carnival will be used to enhance the playground.

**COMMUNITY COUNCIL MEETING—9th AUGUST 2016**
Our next Community Council Meeting will be held on Tuesday 9th August from 7.00 to 8.30pm in 3/4 Navy classroom. At this CC meeting we will be discussing:

- The playground
- The Netball Carnival
- Building progress

Parents and Carers are most welcome to join us.

**CLASS ASSEMBLIES**
Commencing Week 5, all classes will take turns in presenting a short item at the Whole School Assemblies each Friday. This will continue until all classes have presented their items for the school. The changes to the Skoolbag calendars will be made early next week advising of the classes presentation roster. The newsletter calendar will also be updated to reflect these class presentations.

**LAST CALL FOR OUR ST VINCENT DE PAUL WINTER APPEAL — please help us support this great and needy cause!**

Over the last few weeks, we have called for donations of warm clothing and blankets to be provided to the St Vincent de Paul to give to those in need. Those families wanting to donate items, could you please send these through your children by this **Friday 29th July 2016**. Thank you to those families who have already provided donations.
LIBRARY NEWS

♦ BAKE A BOOK
To celebrate Book Week 2016, Stage 3 students have been invited to bake and decorate a cake to represent a book or book character. So far the amazing creations have been: Piranhas Don’t Eat Bananas; Hunger Games, Alice in Wonderland, Little Red Riding Hood, The Big Bad Wolf, Little Miss Sunshine and Grug!

Thank you to our wonderful bakers.

Looking forward to seeing more amazing creations in the coming weeks.

♦ BOOK CLUB due Friday 29th July. Orders to be handed in at the front office.
♦ 22—26th August 2016 Book Week display at Westfield Woden
♦ BOOK WEEK CHARACTER PARADE - Thursday 25th August 2016 at Westfield Woden

Students are encouraged to dress up as a favourite book character on this day to celebrate Book Week. Please note that the costume does not need be elaborate. Further information to come later.

♦ SOCIAL JUSTICE LEADERS
This term Social Justice Leaders will be helping the younger students on the playground. These leaders will be listening to the younger students to help solve problems in a positive and constructive way. The Social Justice Leaders will be participating in a mini workshop to help them develop skills to prepare for this role. The leaders will be wearing fluro orange vests on the playground starting in Week Three which were kindly made by Zoe, Kahlia and Ava's grandmother.

Lisa Binutti-Wilson (Social Justice Teacher)
**SWIM AND SURVIVE ROYAL LIFE SAVING REGISTRATION**

Earlier in the week all children in Kindergarten to Year 2 received a note about registering for the Swim and Survive Royal Life Saving program. Instructions on how to register are provided in this note and we ask that parents complete this registration sooner rather later. The swim program is running in Week 10, Monday 19th September – Thursday 22nd September. Parents will need to register your child for participation via Royal Life Saving ACT’s dedicated schools’ programs website. If you have not received this note please ask the front office for another copy or your child’s classroom teacher.

**SOUTH WESTON ATHLETICS REGIONAL CARNIVAL**

The South Weston Regional Athletics carnival is fast approaching and we still have a number of students who are competing that have not returned their permission note. We ask that these notes be returned ASAP and if your child is withdrawing from their events can you please email matthew.odwyer@cg.catholic.edu.au, so he can inform the organisers of the carnival.

**TOUCH FOOTBALL ACT GALA DAYS FOR YEARS 3/4 AND YEARS 5/6**

Touch Football ACT is hosting an upcoming Primary School Community Touch Football Gala Days. Permission notes for the Gala Days went out on Tuesday. We had a lot of interest from our students in Years 3 – 6, so hopefully we field a large number of teams. All permission forms for this event are to be returned to school by Tuesday 2nd August 2016. If you have any questions about the Touch Gala Days, please contact Trish Iles or Laura Stumbles.

**HATS ON AGAIN—MONDAY 1ST AUGUST 2016**

The beginning of August is Hats ON Again for all of us!

In Canberra average daily UV levels reach 3 and above for part or most of every day between August and May. When UV levels reach 3 and above, Cancer Council recommends sun protection to reduce the potential risk of skin damage which lays the ground work for skin cancer later in life, including deadly melanoma.

**ACTIVE KIDS CHALLENGE**

Sacred Heart has registered in the 2016 Active Kids Challenge – an 8 week health promotion which challenges kids to get at least 60 minutes of activity every day! Students will take part in fun activities, learning new ways to get active, from walking, riding, jumping, dancing, throwing, exploring and playing – all sorts of activities to challenge them to be active for 60 minutes every day and develop great activity habits for life. As we are not able to do this at school each day, we encourage parents to support the challenge of home as well.

Kids need at least 60 minutes of activity every day, along with lots of fresh healthy food and plenty of water to drink, to stay healthy.

Sacred Heart has registered in the 2016 Active Kids Challenge, an 8 week health promotion which challenges kids to get at least 60 minutes of activity every day!

Students will take part in fun activities, learning new ways to get active from:

- walking, riding, jumping, dancing, throwing, exploring and playing all sorts of activities to challenge them to be active for 60 minutes every day and develop great activity habits for life.
FRONT OFFICE CHATTER
A Reminder to all families, that the student information checklist received via your children last week are due for return to the Front Office by next Friday 5 August 2016.

SICK BAY NEWS
As advised last week, and with the continuation of some very cold days, we are still having several visitors per day to sick bay with symptoms of headaches, sore tummies, and gastro. If parents / carers could please monitor their children for these symptoms, and if the children are unwell, please keep them home.

CANTEEN SUPPORT REQUIRED
Last week we called for some additional helpers to support our Canteen Manager, and unfortunately we have had little response, and would like to once again encourage our parents and carers to consider if they have a few spare hours on Monday, Tuesday, Thursday and Fridays to provide some assistance. Grand parents, and friends are most welcome to assist.

SCHOOL FEES CAN NOW BE PAID BY QKR.
The good news is that school fees are now able to be paid via QKR. Parents should refer to their fee statements for amounts to be paid.

WINTER WALK TO SCHOOL DAY
Don’t let the winter weather stop you being active on the way to school! Rug up and get involved in the Winter Walk to School Day which is on the 12th August 2016. Please refer to the Sacred Heart Primary School Route Map for part way drop off points and the different routes that are recommended for when your child walks or rides to school. On the Winter Walk to School Day a teacher will be at each of the part way drop off points at 8:30am and can accompany the children to school.
2016 NATIONALLY CONSISTENT COLLECTION OF DATA ON SCHOOL STUDENTS WITH A DISABILITY

Catholic schools along with government and Independent schools across Australia will again be participating in the Nationally Consistent Collection of Data on School Students with a Disability (NCCD). Our involvement in this process is crucial as it will provide valuable information about support required for a broad group of students in our schools. The NCCD will enable National and State governments to better target support and resources in schools, this in turn will help Catholic Schools access the support for all students with additional needs.

The NCCD is not limited to students with diagnosed disabilities. It uses a very broad definition of disability, taken from the Disability Discrimination Act 1992 and the Disability Standards for Education 2005, which includes a range of health issues and learning difficulties where schools implement strategies to support students in participating effectively in their learning.

The Data Collection will take place in August. No personal or identifying information about any student will be included, however, if you decide you do not wish information about your child to be included in the NCCD, you are asked to contact your child’s Principal to discuss your concerns. If you are still concerned you should request and complete an opt-out form and return to the Principal.

More information about the NCCD is available at: http://www.schooldisabilitydatapl.edu.au/

CLOTHIING POOL

The Clothing Pool will BE OPEN Friday 29TH JULY 2016 from 2.45 to 3.30pm. New and quality second hand school clothing are available. Uniform orders can be placed using the Qkr app and orders will be delivered to your child’s class. Hats can be purchased from the Canteen. Thanks to all the helpers, your work is very much appreciated.

Any queries please contact me on 0407 008 148. Tracey Kane, Clothing Pool Coordinator

Canteen Roster - Week 3, Term 3

<table>
<thead>
<tr>
<th>TIMES: AUGUST</th>
<th>Monday 1st</th>
<th>Tuesday, 2nd</th>
<th>Thursday, 3rd</th>
<th>Friday, 4th</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am-12pm</td>
<td>Annie L</td>
<td>Sonia</td>
<td>Petra</td>
<td>Lena and Marina</td>
</tr>
<tr>
<td>12pm - 2pm</td>
<td>HELP REQUIRED PLEASE</td>
<td>HELP REQUIRED PLEASE</td>
<td>HELP REQUIRED PLEASE</td>
<td>HELP REQUIRED PLEASE</td>
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</tbody>
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29 Murphy Street, PEARCE 2607 Ph: 62862443 Fax: 62865123
Religious Education News

Live Jesus in your Hearts, FOREVER

A reminder to all students, parents and carers that information sessions will be followed by the Confirmation retreat day on Friday, 26 August 2016.

The confirmation masses will be held on:

   Saturday the 27th August at 6pm and Sunday 28th August at 10am.

We ask that all parents who are looking to have their child/ren confirmed this year ensure that they have registered for all of these dates. For further information please contact the parish office.

We will hold all those children taking part in the sacrament of Confirmation close to our hearts and hope that they find this important moment in their spiritual lives an enriching experience. May they be blessed with the Holy Spirit and use its gifts to guide them through their journey.

Aaron Fox A/Religious Education Coordinator

♥ PARISH NEWS

2016 Census ABS, 9th August—THIS IS IMPORTANT.
In the census area under Religious Denomination, the first box to be ticked is going to be “NO RELIGION”. If people tick this box because they consider themselves to be a “resting” or “retired” Catholic or other Christian denomination, this has the potential to negatively impact the ability of Christian churches and their agencies to offer the freedom of choice currently enjoyed in areas of health, education and welfare. I strongly encourage Grandparents and Parents to make sure that their families tick the box of their Baptismal religion. I am quite sure that non Christian religions will identify themselves in this census.
We must do the same. Thank you - Fr Richard

Megan Loughlin
Parish Secretary
Congratulations to the following students who celebrated their birthday this week:
Charlotte B, Zac W, Sophie C, Lauren G

**AWARDS**

<table>
<thead>
<tr>
<th>Class</th>
<th>Students</th>
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<tbody>
<tr>
<td>KW</td>
<td>Stella E, Alex C, Sean E</td>
<td>Sam R</td>
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<tr>
<td>KR</td>
<td>Jay M, Liam O, Ashleigh O</td>
<td>Levi T</td>
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<tr>
<td>1/2R</td>
<td>Jackson C, Hamish E, Allira K</td>
<td>Belle R</td>
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<tr>
<td>1/2S</td>
<td>Maisie M, Sevie D, Edan P</td>
<td>Emily M</td>
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<tr>
<td>1/2W</td>
<td>Mitchell W, Charlie C, Elydia G</td>
<td>Lucy B</td>
</tr>
<tr>
<td>1/2M</td>
<td>Matthew C, Amelia M, Panayioti S</td>
<td>Irish H</td>
</tr>
<tr>
<td>3/4S</td>
<td>Elektra D, Alexander T, Jmie G</td>
<td>Jack V</td>
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<tr>
<td>3/4W</td>
<td>Alexia K, Jake R, Macy W</td>
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</tr>
<tr>
<td>3/4N</td>
<td>Joel B, Larina B</td>
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<tr>
<td>3/4R</td>
<td>Madison F, Griffin L, Madeleine M</td>
<td>Dominic P</td>
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<tr>
<td>5/6W</td>
<td>Anna Jane R, Zoe M, Sophie R</td>
<td>Annalisa C</td>
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<td>5/6N</td>
<td>Lilana M, Eleanor G, Ella R</td>
<td>Ruby K, Tiana W</td>
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<tr>
<td>5/6R</td>
<td>Jilia C, Kaiden T</td>
<td>Tara M</td>
</tr>
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</table>

**HAPPY BIRTHDAY**

**SPIRITUALITY AWARDS**

29 Murphy Street, PEARCE 2607
Ph: 62862443
Fax: 62865123
We would like to thank the support of the following sponsors who have kindly offered to support our carnival.

The Catholic Schools Netball Carnival which is being hosted by Scared Heart is the schools major fundraiser. All money raised from registrations, food, drink and entertainment will be directly given to Scared Heart. The committee have been working very hard to organise this carnival since the end of last year. Many hours have gone into meetings, emails and visiting organisations to ensure this carnival is a success.

I would like to acknowledge and thank the CSNC committee for their dedication and work so far. The CSNC committee members are Nicole Liakos, Nicole O’Mally, Sally Harding, Anne Gaha, Hayley Kiwi, James Kiwi, Trissy Manouras, Josie Lanzetta, Justine Nagel, Melissa Tapp, Georgia Verlin and Tiffany Reedy.

I would also like to thank Emma Caldwell for all her assistance to the committee and Lisa Hugg for all her work with the graphic design. Claire and Andrew Major have assisted greatly in streamlining the registration process and Erica Lauchland’s netball knowledge and contacts have been a valuable asset to the committee.

Sacred Heart has registered 11 teams to play in the Catholic Schools Netball Carnival. This is an outstanding effort, well done! As the carnival approaches the committee will be asking for the school community to assist in a variety of ways. Volunteers are the most important part of a successful carnival. There is no expertise required and you do not need to be a netball enthusiast. The committee look forward to keeping you informed over the next few weeks.

Katie Imbriano

29 Murphy Street, PEARCE 2607  Ph: 62862443  Fax: 62865123
SPONSORSHIP OPPORTUNITY

DOES YOUR BUSINESS WANT TO BE PART OF THE 2016 CATHOLIC SCHOOLS NETBALL CARNIVAL?

THERE ARE OVER 1500 PARTICIPANTS AND MORE THAN 5000 SPECTATORS.

FM 104.7 HAS DONATED AIRTIME TO PROMOTE BUSINESSES SPONSORING THE CARNIVAL

WE ARE SEEKING SPONSORSHIP IN THE FORM OF:

* CASH CONTRIBUTIONS TO PUT TOWARDS THE CARNIVAL
* FRUIT SUPPLIERS
* BAKERY SUPPLIERS

THE MONEY RAISED FROM THE CARNIVAL WILL BE USED TO UPGRADE THE OUTDOOR AREAS AT SACRED HEART.

IF YOU CAN HELP OR KNOW ANYONE THAT WOULD LIKE TO CONTRIBUTE PLEASE EMAIL:

shspnetball2016@gmail.com