Message from Mrs Staines

Our new Kindergarten students have settled in well to the school routines and started full days on Monday. Last week they participated in exciting activities and explored their new environment by visiting everyone during a tour of the school.

Thank you for attending the opening school Mass on Friday morning. We were delighted to welcome you to our celebration of the new school year. We congratulate our 2015 student leaders and express our pride in the way that they are taking up the responsibilities associated with leadership. We would also like to thank Father Richard for his support, we feel truly blessed to have him as a member of our community as Parish Priest at Mary Help of Christians Parish. Thank you also to the many parents who came to school on Monday morning for the badge presentation.

iPad Boot Camp

On Monday we had a highly successful Boot Camp. We are very grateful for the CE support of Steve Carter who assisted the Stage 2 and 3 staff in running the day. Students were engaged in a number of activities that demonstrated new possibilities for the use of technology in the learning process. Thank you also for your support of the BYOi program.

PIN

Thank you to the parents who were able to make it to the Parent Information Night on Tuesday evening. We know that it can be extremely difficult to attend and we really appreciate your presence. The information evening is an opportunity to touch base with your child’s classroom teacher and find out a little about the year ahead.
We need your Support and Help – Parent Representatives
The Class Parent Network is a strong and effective social network for families at Sacred Heart. We are still seeking the help of interested parents to support the school by being the class parent representative for 2015. If you are interested in knowing more about the role please contact the Front Office. Thank you to Fiona O’Loughlin for offering to once again be the coordinator.

Congratulations to Mikaela Warylo (3/4R) and her family on the birth of Matilda Warylo last week.

Catholic Schools SOCCER CARNIVAL
Notes regarding this year’s Catholic Schools Soccer Carnival went home this week. Thank you Marina and Maryann for offering to coordinate our participation in the event.

Religious Education News
It was so wonderful to see so many members of our school community present at our Opening School Mass last Friday. Thank you for making the time to be present. A special mention must go to our lovely new Kindergarten students’ who were so very reverent and attentive for the entire duration of Mass and the Blessing of student Leaders.

We look forward to welcoming our new families and all our Kindergartens to the Mary Help of Christians Parish this Sunday at the 10am Mass. After Mass you are invited down to the school playground for a sausage sizzle.

Next Wednesday, 18th February is Ash Wednesday. This day marks the commencement of the Season of Lent. The school will be joining the Parish for 9.30am Mass. Everyone is most welcome to attend.

Ash Wednesday is the first day of Lent, the 40-day period (not including Sundays) of fasting and repentance leading up to Easter. The ashes used on Ash Wednesday are usually derived from burning the blessed palm branches left from the last Palm Sunday celebration. The ashes are blessed, sprinkled with holy water and fumigated with incense.

Live Jesus in our Hearts, FOREVER, Katie Smith, Religious Education Coordinator

Working Bee Saturday, 14th February 8am -11am - Environmental Garden.
I would ask that as many adults as possible attend this vital working bee. Matthew Doherty has donated some soil and his tipper truck for the morning therefore we need at least 8 wheelbarrows and shovels. We will be loading the wheelbarrows and tipping them into the new garden beds. In some cases this will mean two people lifting the wheelbarrow and tipping the soil into the garden beds as the garden beds are at five various heights. If you are able to assist please let the Front Office know. The more people that attend the quicker the job will be done. It is the only job to be done. Thank you for your anticipated response.

John Bourke, Coordinator
Canteen Roster - Week 3, Term

<table>
<thead>
<tr>
<th>TIMES</th>
<th>Monday, 16th</th>
<th>Tuesday, 17th</th>
<th>Thursday, 18th</th>
<th>Friday, 19th</th>
</tr>
</thead>
<tbody>
<tr>
<td>10am-12pm</td>
<td>Angela Davis</td>
<td>Sonia Zilic</td>
<td>Lena Sergi</td>
<td>Lena Sergi</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Melissa Tapp</td>
<td>Josie Lanzetta</td>
</tr>
<tr>
<td>12pm-2pm</td>
<td>Kat Doyle</td>
<td>Sonia Zilic</td>
<td>Lena Sergi</td>
<td></td>
</tr>
</tbody>
</table>

CLOTHING POOL
The Clothing Pool will be open Friday 13th February from 2.45 - 3.30pm. This week’s helpers are Kristie Bullock, Sara David and Lauren Maguire. New and quality second hand school clothing are available. Uniform orders can be left at the Front Office, with payment in full by cash, cheque, or credit card ($2 transaction fee applies) and it will be delivered to your child’s class on Friday. Hats are usually available at the Front Office (exact money please). Thanks to all the helpers, your work is very much appreciated. Any queries please contact me on 6287 5885. Lauren Maguire, Clothing Pool Coordinator

Help please - Are you looking to help out at the school, but don’t have a lot of time to give? Why not join the team at the clothing pool No experience required as all training is provided. Usually you only have to help out about 3-4 times a term - less if we have enough volunteers. Please email me at lauren.maguire2@bigpond.com if you would like to help out.

Parent Sessions:
How to have “The Talk” with your child.
Family Life Educator John Shay from Cairns Diocese will run a seminar for parents of primary school children on how to provide positive, accurate, reassuring and age appropriate information to children regarding relationships and sexuality.

7-8.30pm Tues 24th Feb. Rheinberger Centre. Cost $5 donation at the door. Register here or phone 6163 4300 or info@catholiclife.org.au.

Sexuality and relationship education is a basic right and duty of parents and research indicates that children prefer to seek information about sex and sexuality from their parents more than any other source, and perceive their parents’ advice to be trustworthy. But parents often feel inadequate in their own understanding or unsure of how to respond appropriately.

If you have very young children and would like to be well prepared for discussions as they arise, this Parent Session will help you feel more confident and comfortable in giving your child positive, accurate, reassuring and age appropriate information and guidance.
Congratulations to the following students who celebrated their birthday this week:

- Samantha Lloyd, Laine Jud-Brettingham, Madelaine O’Mullane, Vanessa Combe and Clare Doherty

**Reminders**
- Bookclub orders are due on Wednesday, 18th February
- Stage 2 excursion permission notes due Monday, 16th February
- Year 6 Leadership Shirts notes due back to school Wednesday, 25th February
- Catholic Schools Soccer Carnival forms due back to school Monday 16th February
SCOUTS = Adventure + Life Skills

Scouting is for boys and girls aged 6-25. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests. Come and try Scouts today and take advantage of our 3 week FREE trial.

Visit scoutsact.com.au to find your closest Scout Group or call 1800 SCOUTS

HOCKEY REGISTRATIONS NOW OPEN!

Friday 13th February 2015
National Hockey Centre, Lyneham
5pm-7pm

Saturday 14th February 2015
Tuggeranong Hockey Centre,
Tuggeranong
10am-2pm

For more information:
Call—6257 2374
Visit—www.hockeyact.org.au
ICE HOCKEY

Come and try the fastest team sport in the world!

FREE!

Come and Try Day
Boys and Girls, Ages 5 - 18

Register your interest:

ihact.org.au
facebook.com/IceHockeyACT

Phillip Swimming & Ice Skating Centre
Irving Street, Phillip, 2606

10:00AM

SUN 22

FEB 2015
Proudly supporting Ronald McDonald House Canberra

McDonald’s TENNIS CARNIVALE

THE PINES TENNIS CLUB
SAT 14TH FEBRUARY 2015 1.30-4.30pm
CNR OF GOLDSTEIN CRES & NORRISS STREET, CHISHOLM

TRY THE LATEST TENNIS AUSTRALIA PROGRAMS
INCLUDING ANZ HOTSHOTS, CARDIO TENNIS,
PEE WEE MINI TENNIS, SPEED SERVING COMPETITION.

BBQ • DJ & MC • JUMPING CASTLE • GIANT SLIDE
APPEARANCE BY RONALD MCDONALD

GREAT DISCOUNTS ON MEMBERSHIP AND COACHING PROGRAMS
BOOKINGS ARE ESSENTIAL

To book your spot please contact:
Head coach Robert Jamieson
Ph 0432 118 204 or 6241 3705 E csot@hotmail.com.au

“With over 25 years of coaching experience ... Tennis, the game for life”

For more info please see www.csot.com.au
THINKING OF PLAYING IN A TEAM SPORT DURING WINTER 2015??
EVER THOUGHT ABOUT RUGBY LEAGUE??

Rugby League is an awesome team sport played by many and enjoyed by all!

Registrations are now open for Valley Dragons J.A.L.F.C in the Canberra Region Rugby League 2015 Junior Competition.

Valley Dragons have been servicing the ACT community for over 30 years and seen thousands of players come through the club and many go on to bigger careers in the sport.

With Puffers (3-5 yrs), Mini’s (6-8 yrs), Mods (9-11 yrs) & Inters (12-16 yrs) there is something for every age group.

So don’t miss out!!!

Secure your spot today by registering at: www.foxsportspulse.com and entering VALLEY DRAGONS, or at our registrations days on Saturday 14th & 21st February from 10-2 at Gowrie Oval, Castleton Crescent Gowrie ACT 2904.

For more information please contact the club’s registrar, Colette, on m) 0418 979 787 e) rcolette@bigpond.net.au

Catch you on the field :)
Weston Creek Woden DODGERS
Basketball Club

Winter 2015 Registration Terms 2 & 3

Girls and Boys age 7 years to 18 interested in playing basketball

Methods of registration and more information is available on the web site

www.wcwd.basketball.net.au

Enquires: Phone 0411 337 686 or email wcwdbasketball@gmail.com the club

Winter Age groups
U10 - born in 2006 or later
U12 - born in 2004 or 2005
U14 - born in 2002 or 2003
U16 - born in 2000 or 2001

email: wcwdbasketball@gmail.com    Web: www.wcwd.basketball.net.au

WCWD President, Telephone 0411 337 686
If you’re aged between 5 to 14 years old and want to play footy in 2015 then...

In 2015 the Tuggeranong Lions continue our ongoing commitment to provide the boys and girls of Tuggeranong and surrounding areas with a family oriented, friendly, and fun Aussie Rules footy environment.

If you’re looking for a great experience this winter, meeting new friends and learning new skills then visit our website.

For information on the 2015 season including registration, training times and fees visit our website or contact us.

web: www.tuggeranonglionsjafc.aflnswact.com.au
email: tuggeranonglionspresident@gmail.com
mob: 0437 470 582 (Sean)
Sharing Our Expertise and Knowledge in Cheerleading, Tumble, Dance and Fitness

We’re all about FUN!

Galaxy
ALL-STARS

What we offer:
★ Stunt
★ Dance
★ Tumble
★ Competitive Cheer
★ Recreational Cheer
★ Functional fitness
★ Birthday Parties
★ Holiday workshops

Address: 4/1 Albany Street, Fyshwick

/galaxyallstarsact
@galaxyallstars
info@galaxyallstars.com.au

www.galaxyallstars.com.au

We also offer:
Competitive fees: Capped at a great rate.
Fun & safe learning: Galaxy facilities are fitted out specifically for the wide range activities & classes on offer.