Healthy Heart @ Sacred Heart
Menu
Lunch - 11:30am   Recess – 1:45pm

CLOSED WEDNESDAYS
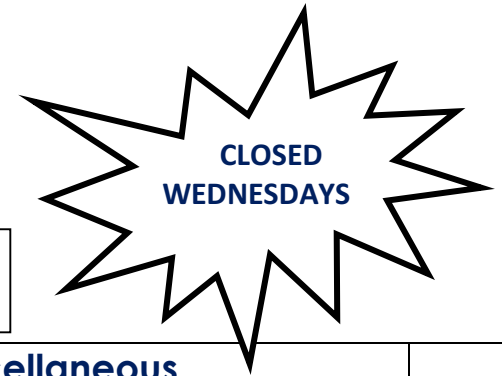
Canteen Manager: Tracey Kane

Lunch Orders – Using Qkr is preferred ordering methods however Paper Bag orders are still accepted

- Write your child's name, class and order details on a paper bag.
- Please place money in an envelope or a ziplock bag.
- Please add 20c to the lunch money if you do not have a paper bag.
- Please list drink at the bottom of the order.

(GF) = Gluten Free
(V) = Vegetarian

Green Light Lunch Foods		Amber Light Lunch Foods		Miscellaneous Items	
These foods are healthy food and can be eaten everyday		These foods should be eaten in limited amounts as they are not as nutritious			
Sushi Rolls (**GF** without Soy Sauce)	$2.50	Party Pies (limit 3)	$1.50 each	**Frozen Food (Recess Only)**	
Corn on the cob (**GF, V**)	$1.00	Pie (Mrs Macs)	$3.50	Streets Selection 60c to $2.00	
Nachos, Salsa & Cheese (**V**)	$3.50	Sausage Roll	$3.00		
Cup of Noodles (beef/chicken)	$2.00	Wedges Bag (**V**)	$2.00	**Recess Counter Sales**	
Macaroni Cheese (200g) (**V**)	$4.00	Spring Rolls (**V**)	$.80 each	Sml Packet chips/ Popcorn (variety)	$1.00
Spaghetti Bolognese (200g)	$4.00	Chicken Burger(with lettuce & mayo)	$4.00	Hot Chicken Chips	$1.00
		with Cheese	$4.50	Scrolls (Pizza or Vegemite & cheese)	$.50
Sandwiches / Wraps		Chicken Wrap (with lettuce & Aioli)	$4.00	Pizza Slice	$.50
Jam / Vegemite	$2.00	½ Chicken Burger	$2.00	Hash Brown	$.50
1 filling	$2.50	Chicken Dinos	$2.40 (3 pkt)	Cookies	$.50
2 fillings	$3.00	Fish Fingers	$2.40 (3 pkt)	Sml Bag Wedges	$.50
3 fillings	$3.50	Hot Dog	$3.00	Jelly Cups	$.50
Fillings: chicken, ham, baked beans, lettuce, tomato, beetroot, cucumber, grated carrot, cheese, capsicum and spaghetti.		with Cheese	$3.50	Pancakes	$.20
		Puppy Dog (1/2 Hot Dog)	$1.50		
		Yummy Drummy	$1.20 each	**Miscellaneous**	
		Ham & Pineapple Pizza Singles	$3.50	Lunch Bag	$.20
Salad Sandwich (V)	$4.00	Chicken and Gravy Roll	$4.00	Spoon / fork	$.10
(lettuce, tomato, beetroot, cucumber, capsicum & grated carrot)		Hashbrown	$.50 each	Sauce	$.20
Roll extra	$.50	Gluten Free Chicken Nuggets (**GF**)	$2.40 (3 pkt)		
				Friday Lolly Day – limit $1	
Salad Sandwich & one filling	$4.50	**Drinks**		**Special Occasions** – Let us help celebrate your child's birthday.	$25.00
(ham, chicken, cheese)		Nippy's (Chocolate and Strawberry)	$2.00		$15.00
Rolls extra	$.50	Juice 250ml	$2.00	Cookie on a stick	$20.00
Toasted extra	$.20	(Orange/Apple/Apple&Blackcurrent)		Pikelets with sprinkles	$22.00
		Water Plain	$2.00	Lolly Bag	
Green Salad Box (GF, V) (lettuce, cheese, tomato, cucumber, capsicum, carrot)	$3.00	Quench Spring Flavoured Water – 70% Less Sugar (Blue Heaven, Apple/Raspberry, Orange, Lemon/Lime, Lemonade)	$2.00	Frog in a pong Jelly Cup (**GF**)	
1 Sushi Roll & Salad Box	$5.00			See items available below/reverse side.	
2 Fish Fingers & Salad Box	$5.00				
3 Chicken Dinos & Salad Box	$5.00				

Canteen Birthday Celebration Menu

Cookie on a stick $25.00

Lolly Bag (Gluten Free Option available) $20.00
(Note: Lolly bag will be given out to children at the end of the day to have at home.)

Pikelet with sprinkles $15.00

Frog in a pond Jelly Cup (Gluten Free) $22.00

Every birthday child who orders classroom celebration packs through the canteen will receive a special birthday treat. Orders for Birthday Celebrations can be placed in your child's class lunch order bag at morning assembly. Payment is required at time of ordering. A week's notice is required for all Birthday Celebration Packs.